SIGNING UP FOR IHSS

If you are a low income older adult or a person with a disability, and you are unable to live at home safely without some assistance, you may qualify for In-Home Support Services. The services are free to eligible IHSS consumers who meet the financial guidelines.

To apply for IHSS Services, call the Intake Unit at (415) 355-6700

Once you have been approved for hours and tasks by an IHSS eligibility worker, you have the option to hire a friend or family member as your provider. If you do not have a friend or family member who is able to be your provider, the IHSS Public Authority can help you find an independent provider.

Call the Public Authority for more information.
The Public Authority offers a mentorship program to provide additional support to consumers. Mentors are there for IHSS Consumers to provide one-on-one assistance for all matters relating to IHSS services.

- **Pre-Interview Assistance**
  A mentor will work directly with a consumer to assist in the hiring of a care provider, building a positive relationship with the provider and being an employer.

- **One Stop Center Resource Center**
  Attend monthly workshops, trainings, and support groups. A living library consists of publications relevant to seniors and people with disabilities.

- **Community Outreach**
  Mentors bring the essence of the Mentorship program to Consumers living in the neighborhood.

Contact the Public Authority for more information.